

# Assessing Risk

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Attachment Based Psychoanalytic Psychotherapist



### What to expect from this Workshop

This workshop recognises that Assessing clients for your own practice or for a busy counselling service that may include trainees is a difficult task. An understanding of the risks involved in working with clients with mental health issues, a safe referral system and an understanding of the presentation of complex trauma is imperative.

### Working with Intake Forms

Intake forms are only as useful as the information we take. The day looks at the correct use of 'consent forms', and increases familiarity with information that is useful to explore in a limited amount timeframe.

### The use of CORE Forms

Understanding the correct use and value of the CORE form will help the assessor to achieve confidence in the assessment process.

### Understanding Trauma

The workshop will look at trauma and give an understanding of how we experience and disclose trauma.

### Recognising Bipolar Disorder, Dissociation and Psychosis, and Schizophrenia.

Only when an assessor knows how to recognise and identify these mental health disorders can they feel confident that they are assessing clients effectively.

### Involving External Services

No therapist can work alone. Knowing who to refer to and when this is indicated is the responsibility of the ethical therapist. Within a service having a good network of professionals with which to discuss issues and professionals/organisations that we can refer on to, enables each service to work well and with peace of mind.

### Exercises

Small group work will help participants to grasp the more complex material.

## Niki Reeves

Working in clinical practice for almost 20 years Niki trained as a Psychodynamic Counsellor in the early 90's and then as an Attachment Based Psychoanalytic Psychotherapist at The Bowlby Centre in London. A member of the UKCP Ethics Committee, a qualified Supervisor, a Tutor at BCoT, Niki trains counsellors to diploma level. Niki has been 'Head of Counselling' at Southampton Counselling, and is now taking time to write, teach and run her private practice in Southampton where she works with therapists, individuals, couples and families. Her chapter "The use of telephone and Skype in psychotherapy: Reflections of an attachment therapist" will be published by Karnac later this year in the book "Love in the age of the internet" edited by Linda Cundy.

## Further Information:

The workshop will include handouts, worksheets, reading lists and feedback forms.

For further information about how you can host these workshops at your service contact me on:

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